

THE TREE OF LIFE

Introduction - Ash Wednesday

Lent, which we enter today is the period of time leading up to Easter when we prepare ourselves mentally and spiritually for the events of that time.

Lent occurs during the early Spring when we think of new life, growth and hope which is especially important for us at the moment.

During the next few weeks we will be drawing these two strands together by thinking of a tree - the Tree of Life. This is an image which appears in the Bible - in Genesis Chapter 2 verse 9 in the garden of Eden and in the very last book Revelation Chapter 2 verse 2, the new Jerusalem. It is also a powerful metaphor for our own lives as we think about growing in faith.

Each week through Lent we will take a different part of the tree and consider how that relates to us and our journey of Faith. There will be some initial thoughts, a question to ponder, a prayer focus and an idea for a practical or creative response.

Over the next few days spend some time looking at trees in their Winter beauty. What does that tree look like in different seasons? How deep do you think its roots go? Prayerfully consider how your life could be like that tree and read Psalm 1 verses 1-3.

