Lent Reflections 2025

Week 1

Lent is a penitential season when we present our failings to God, and reflect on the great gift of God's Son. Jesus lived, died, and rose again for our sake. By the grace and love of God we can receive forgiveness when we repent of our sins. God accepts us as we are – warts and all! The hymn "Just as I am" sums this up and can be used as a prayer for this season.

Just as I am, without one plea,
But that Thy blood was shed for me,
And that Thou bidst me come to Thee,
O Lamb of God, I come.

Jesus is the sacrificial lamb, sacrificing his life on the cross for our salvation.



Lamb of God (Agnus Dei) by Francisco de Zurbaran